

**REGISTRATION:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Organization \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_

To reserve seats for this training please return registration by June 14, 2019 to:

Clark Co. Aging Services  
PO BOX 151, # 32 Meadow St  
Winchester, KY 40392  
Or call 859-744-3235  
email: [dsims@foothillscap.org](mailto:dsims@foothillscap.org)

Registration will open the 1st week of May  
(Nursing, SW, LMFT, LPCC CEUs are pending)

CEUs \$10.00 make check payable to the BGADD/MHAC  
Social Work \_\_\_\_\_ LPCC \_\_\_\_\_  
Nursing \_\_\_\_\_ LMFT \_\_\_\_\_

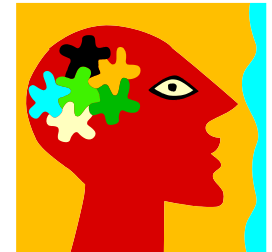
It is difficult to control the temperature so it is advised to bring a sweater

Clark County Aging Services  
PO Box 151, 32 Meadow St  
Winchester, KY 40392

# Bluegrass Mental Health and Aging Coalition presents

Learn about:  
Mental Health First Aid, QPR Suicide Prevention, CIT Crisis Intervention Team, Panel on the impact of mental illness on families and the community.

*12th Annual  
Empowering  
Mindfulness  
Conference*



# June 20, 2019

For information call (859) 744-3235

Ask for Diana Sims

# EMPOWERING MINDFULNESS 2019

8:30 AM-9:00 AM Registration

9:00 AM-9:15 AM Welcoming Remarks  
County Judge Executive Chris Pace, Mayor Ed Burtner, and Ron Kibbey, LCSW

9:15 AM-10:30 AM What Is Mental Health  
First Aid?

Angela Berezna, MSW, CSW-- Health Educator,  
Clark County Health Department

10:30 AM-10:45 AM Break

10:45 AM-12:00 PM Ask A Question, Save A  
Life!--Suicide Prevention With QPR

Carolyn Burtner, RN—Certified QPR Trainer

12:00 PM-1:00 PM Lunch/Networking

1:00 PM-2:15 PM Crisis Intervention Team: A  
Better Police/Community Response

Denise Spratt, Retired Lieutenant, Louisville  
Police Department

2:15 PM-2:30 PM Break

2:30 PM-4:00 PM Community Panel—The  
Impact Of Mental Illness On Families And  
The Community

Earl Ray Neal, Clark/Madison District Court  
Judge; Susan Jones, Clark County Adult  
Protective Services; Kathleen Lindsay, PhD,  
Therapist bluegrass.org Clark County; Ashley  
Moore, RN, MSN, CEN, CPPS Director of  
Emergency Services, Clark Regional Medical  
Center; Berl Perdue, Clark County Sheriff

4:00 PM-4:30 PM Wrap Up And Evaluations

## SPONSORS

*Platinum- Mountain Comprehensive Care*

*Gold- Bluegrass.org*

*Silver- Senior Helpers of the Bluegrass*

*Bronze- Nursing Home Ombudsman Agency of the*

*Bluegrass*

*Radio Eye*

Planning Committee; The Nursing Home Ombudsman  
Agency of the Bluegrass, NAMI Winchester, Clark  
County Health Department & Home Health Agency,  
Clark County Generation Center, Department for  
Community Based Services, The Ridge, Ky Office  
for the Blind, Clark County Homeless Coalition,  
Winchester Fire-EMS, Bluegrass.org, Bluegrass Area  
Agency on Aging & Independent Living, Mountain  
Comprehensive Care

This training will be offered at:  
Clark County Extension Office  
1400 Fortune Dr  
Winchester, KY 40391

for directions phone:  
(859) 744-4682

## WHO SHOULD ATTEND?

Nurses, Social workers, Caregivers, Older Adults,  
Volunteers, and anyone who provides services to  
the elderly

(CEUs pending for  
SW, Nursing,  
LPCC, LMFT-  
- Cost for  
CEUs--\$10)



*Please call to  
reserve a seat for this free  
community training*

Bluegrass Mental Health and Aging Coalition  
presents Empowering Mindfulness on

**June 20, 2019**  
**8:30—4:30 PM**